



PAKISTAN MILITARY ACADEMY

CRADLE OF LEADERSHIP



154

PMA LONG COURSE

Registration from

25 Mar - 28 Apr 2024

Course Prerequisites

Eligibility Conditions

In-Eligibility Conditions

Registration & Preliminary Selection
Procedure

Further Selection Procedure

Documents Required at AS & RCs

Additional Information



AGE:

17-22 Years as on 1 May 2024



MARITAL STATUS:

Unmarried (married serving personnel of the Armed Forces over 20 years of age are eligible)



GENDER:

Male



MIN HEIGHT:

5'4" (162.5 cm)



WEIGHT:

As per Body Mass Index

Registration

09 October 2023 to 03 December 2023 (Online Only) (Including Sat and Sun)

Preliminary Tests

22 November 2023 to 19 January 2024 (Except Sat and Sun and closed holidays)

Nationality

Citizens of Pakistan and domicile holders of Azad Kashmir/Gilgit-Baltistan. Upon final selection, candidates with dual nationality will have to surrender nationalities other than Pakistani.

Course Prerequisites

Eligibility Conditions

In-Eligibility Conditions

Registration & Preliminary Selection Procedure

Further Selection Procedure

Documents Required at AS & RCs

Additional Information

Eligibility Criteria

Education	Age	Age Relaxation
Intermediate or equivalent	17-22 Years as on 1 May 2024	Relaxable for three months for both upper and lower limits
Graduates (2 years graduation) and Serving Pakistan Navy/Pakistan Air Force Personnels	17-23 Years as on 1 May 2024	Relaxable for three months for both upper and lower limits
Graduates with 4 years graduation programme (BS/BA-(Hon)/BBA/BPA)	17-24 Years as on 1 May 2024	No Age Relaxation
Serving Army Soldiers	17-25 Years as on 1 May 2024	No Age Relaxation

Academic Prerequisites

Marks - FA/ FSc/ Equivalent:

- ▶ Minimum 55% marks in FA/FSC and equivalent.
- ▶ Candidates who secure 60% marks or above in BA/ BSc/ BA/ BSc (Hons) and BBA/ BPA, with 50% marks in FA/ FSC are eligible for Pakistan Military Academy (PMA) Long Course.

Serving Army Soldiers: 50% marks in FA/FSC and equivalent.

Verification of Marks Sheet/ Certificate: Candidates not issued with certificates or in possession of duplicate/revised mark sheets/certificates of Matric/ Intermediate/ BA/BSc must get a Verification Certificate signed by Secretary/ Controller Examination of concerned Board/University.

'A' level candidates applying in Pakistan with aggregate 60% marks are eligible without seeking equivalence certificate as calculated by IBCC. However, all the candidates who have passed 'A' level and equivalent examination from abroad or have passed from Pakistan with the result less than three Cs are required to submit equivalence certificate issued by Inter Board of Chairman Committee (IBCC).

Course Prerequisites

Eligibility Conditions

In-Eligibility Conditions

Registration & Preliminary Selection Procedure

Further Selection Procedure

Documents Required at AS & RCs

Additional Information

Ineligibility Conditions

Ineligibility Conditions

Twice rejected by Inter Service Selection Board (ISSB).

Thrice Failure in Initial Tests (Intelligence/Acedemic) will be Ineligible for future PMA Long Course .

Tested within four months (120 days) gap of previous appearance in Inter Service Selection Board (ISSB) except waiver granted by the competent authority. However, bar of 120 days will not be applicable to candidates appearing in General Headquarters (GHQ)/ Naval Headquarters (NHQ)/ Air Headquarters (AHQ) selection board.

Dismissed/removed/debarred from Government Service including Armed Forces.

Convicted in a Court of Law for any heinous offence (to be ascertained by the competent military authority).

Permanently declared UNFIT by Appeal Medical Board (PUF by AMB). Declared unfit by any Armed Forces Hospital except those cleared by Appeal Medical Board. However, Pakistan Air Force candidates who become medically unfit for flying but fit for ground branches can undergo routine Medical Examination as normal candidates if they are desirous to join other arms.

Declared medically unfit due to Hepatitis B & C (AMB cannot be requested).

Withdrawn from any bonded Armed Forces college/ institution on disciplinary grounds. Withdrawn/ discharged/ resigned or purchase of commission from any Armed Forces officers Academy/ Training Institution on any ground.

Tempering of academic certificates/ forgery/ concealment to get undue advantage will render to applicant permanently ineligible for all types of commission in Armed Forces.

Candidates declared with **Positive Drug Test** CMHs/ Military Hospitals/ AFIP will be considered as **Permanent UNFIT** for joining PMA/ Training Institutions.

NOTE.

ISSB selection system assesses natural officer potential. Coaching on ISSB Tests adversely affects the chance of selection and results in many contradictions in personality traits. In case it is found that any candidate trained in any private coaching center will be considered as **ineligible to apply** for all types of commissions

Course Prerequisites

Eligibility Conditions

In-Eligibility Conditions

Registration & Preliminary Selection Procedure

Further Selection Procedure

Documents Required at AS & RCs

Additional Information

Registration and Preliminary Selection Procedure

Registration And Preliminary Selection Process

Candidates can register either through Internet or by visiting Army Selection and Recruitment Centres (AS&RCs). Following procedure will be adopted:-

Registration through Internet: A candidate can register on website www.joinpakarmy.gov.pk. Date and time of test shall be intimated on internet for which the individual should have an e-mail account. Candidates will report on exact date and time given for preliminary test on computerized roll no slip. Date once given will not be changed. Candidates MUST attain working knowledge of computer as registration and tests will be conducted on computers.

Written/Intelligence tests will be based on multiple choice questions from English, Maths, Pak Studies, Islamiat and General Knowledge. The candidates declared successful in written/intelligence tests will undergo physical/ medical tests and interviews at Army Selection and Recruitment Centres (AS&RCs).

Note:

- ▶ The TCC Candidates who apply for PMA Long Course and have under gone ISSB irrespective of outcome will also be considered as Repeater Candidates.
- ▶ Repeater candidates must report at concerned Army Selection and Recruitment Centres (AS&RCs) from 20-30 Nov 2023 for preliminary test.

Preliminary Selection: Module based selection for Inter Services Selection Board (ISSB) will be carried out, for which a module is being develop at Personnel Administration Directorate. Following will be including in the initial test with weightages assigned in the module:-

- ▶ Written/ Intelligence
- ▶ Medical Examination
- ▶ Physical Test
- ▶ Interview by preliminary selection board headed by Selection and recruitment Officer (S&RO)

Written/Intelligence Tests: Written/Intelligence tests will be based on multiple choice questions from English, Maths, Pak Studies, Islamiat and General Knowledge. The candidates declared successful in written/intelligence tests will undergo physical/ medical tests and interviews at Army Selection and Recruitment Centres (AS&RCs).

Physical Tests: Following criteria has been set for all candidates:-

- ▶ 1.6 Km Run - 8 minutes
- ▶ Push Ups - 15 repetitions in 2 minutes
- ▶ Crunches - 20 repetitions in 2 minutes

▶ Push Ups - 15 repetitions in 2 minutes

▶ Crunches - 20 repetitions in 2 minutes

▶ Pull Ups - 3 repetitions in 2 minutes

▶ Ditch Crossing - 7.4" x 7.4" and 4' deep

Passing all events as per above table are mandatory for each candidate. A candidate failing in any 1 x event will be considered as Physical Test (PT) failure and will not be given Inter Services Selection Board (ISSB) form.

Interview: Candidates clearing written, Medical & Physical Test will be finally interviewed by S&ROs (instead of Brig by the formation) and Psychologist. Before interview every candidate will be required to write an essay of 10 lines in English and Urdu. Plain paper to be issued to candidates before interview for Eng and Urdu essay. Topic of the Day will be reflected on the board in exam hall /room. S&RO will write pointers of every candidate appearing in interview. Each candidate will be given marks out of 20. A candidate securing less than 12 marks will be considered failure and will not be given Inter Services Selection Board (ISSB) form. Following guidelines are given for conduct of interview:-

▶ Expression and confidence in English and Urdu.

▶ Adequate Knowledge about current affairs.

▶ Adequate Knowledge about Geo and Pak Studies.

▶ Overall outlook.

▶ Extra curricular activities include sports and hobbies.

▶ Any other aspect as deemed appropriate by the Panel.

▶ Recording of interview of every candidate through CCTV be ensured by all AS&RCs and same be shared with PA Dte on CDs on weekly basis.

Course Prerequisites

Eligibility Conditions

In-Eligibility Conditions

Registration & Preliminary Selection
Procedure

Further Selection Procedure

Documents Required at AS & RCs

Additional Information

Further Selection Procedure

Further Selection Process

Army Selection and Recruitment Centres (AS&RCs) will fill in all required entries (Physical Test & Interview marks) in the module. Further nomination of candidates for Inter Services Selection Board (ISSB) will be done by Personal Administration Directorate through merit. Detailed medical examination of Inter Services Selection Board (ISSB) recommended candidates will be carried out at nearby Combined Military Hospitals. The final selection will be made at General Headquarters on the basis of candidate's performance.

Training period at Pakistan military Academy (PMA). 2 Years

Course Prerequisites

Eligibility Conditions

In-Eligibility Conditions

Registration & Preliminary Selection
Procedure

Further Selection Procedure

Documents Required at AS & RCs

Additional Information

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Candidates will deposit following documents with Army Selection and Recruitment Centres (AS&RCs):

- ▶ Original certificate/ detailed Marks Sheet of Matric/FA/FSc/Equivalent.
- ▶ Computerized National Identity Card for 18 years and above or computerized Form "B" alongwith Guardian's computerized National Identity Card (Father or Mother) for less than 18 years of age.
- ▶ One set of attested photocopies of above mentioned documents.
- ▶ 3 x Passport size coloured photos duly attested (front and back) by Principal/ Class-1 Gazetted Officer.
- ▶ Original as well as one photocopy of "NOT RECOMMENDED" letter by Inter Services Selection Board (ISSB) are also required for "Repeater Candidates"

Note: Old National Identity Card will not be accepted.

Course Prerequisites

Eligibility Conditions

In-Eligibility Conditions

Registration & Preliminary Selection
Procedure

Further Selection Procedure

Documents Required at AS & RCs

Additional Information

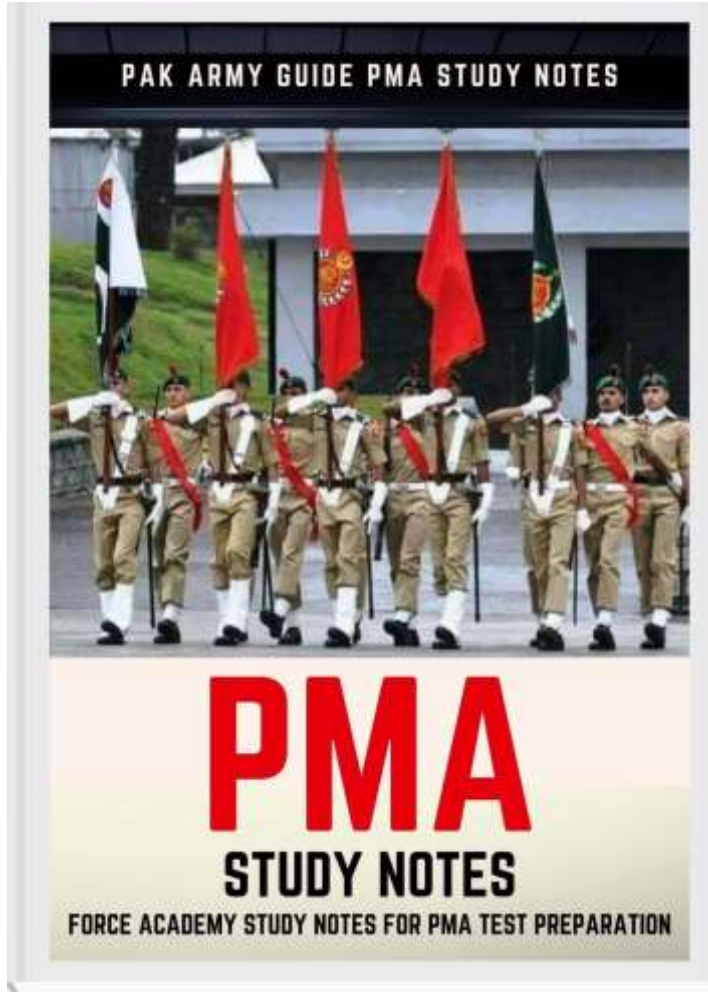
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Eligible candidates residing abroad are exempted from Preliminary Selection. However, Defence Attaches will ascertain their overall suitability, physical deformity and stammering aspects. The candidates are advised to approach Pakistani Embassies (Military/Defence Attaches) in the country where residing for issuance of Application Forms. They will submit their Application Forms alongwith connected documents through Pakistani Embassies by **26 Jan 2024**. Postal address in Pakistan should also be indicated in the Application Forms so that call up notice for Inter Service Selection Board (ISSB) Tests/ Interviews and further correspondence to eligible candidates can be made on the given Pakistani address. No traveling allowance will be admissible for travelling to and from Pakistan.

NOTE: If selected candidates for current entry are more than the required induction, the left over candidates would be considered for next Pakistan Military Academy (PMA) Long Course entry subject to fulfillment of eligibility conditions/ merit.

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